

8. "Nacht im Grünauer Forst" am 12. Mai 2018 - Splits 5 km

				1 km		2 km		3 km		4 km		5 km	
1.	588	Marek Neumann	Running Twins Zeuthen	03:25	03:25	06:52	03:27	10:19	03:27	13:49	03:30	17:20	03:31
2.	558	Edmund Kramarz	Berlin	03:31	03:31	07:03	03:32	10:35	03:32	14:12	03:37	17:36	03:24
3.	552	Erik Habermann	ZEWS Running Crew	03:31	03:31	07:03	03:32	10:36	03:33	14:13	03:37	17:55	03:42
4.	565	Max Schneider		03:44	03:44	07:28	03:44	11:12	03:44	14:49	03:37	18:23	03:34
5.	573	André Ramisch	LG Neuruppin	03:26	03:26	07:06	03:40	11:02	03:56	14:57	03:55	18:48	03:51
6.	549	Georg Kallidis	TG Südwest Berlin	03:44	03:44	07:39	03:55	11:27	03:48	15:10	03:43	18:50	03:40
7.	569	Christian Häusler	Neustrelitz	03:38	03:38	07:25	03:47	11:16	03:51	14:49	03:33	19:13	04:24
8.	551	Nicolas Longinotti	TG Südwest Berlin	03:57	03:57	08:00	04:03	12:01	04:01	15:49	03:48	19:26	03:37
9.	522	Dimitri Stauer	TG Südwest Berlin	03:44	03:44	07:38	03:54	11:31	03:53	15:34	04:03	19:27	03:53
10.	559	Thomas Springer	Penguins Running Team	03:48	03:48	07:41	03:53	11:36	03:55	15:33	03:57	19:31	03:58
11.	556	Stefan Tischer	TG Südwest Berlin	03:48	03:48	07:39	03:51	11:34	03:55	15:35	04:01	19:46	04:11
12.	536	Tommes Mielke	TIB 1948 e.V. Berlin	03:25	03:25	07:06	03:41	11:20	04:14	15:42	04:22	19:46	04:04
13.	526	Linus Mührel	TG Südwest Berlin	03:52	03:52	07:47	03:55	11:48	04:01	15:52	04:04	19:51	03:59
14.	521	Mohamed Jimale	Eichwalde - Enköping SWE	03:46	03:46	07:51	04:05	12:00	04:09	16:06	04:06	20:02	03:56
15.	501	Philipp Thies		03:46	03:46	07:47	04:01	11:56	04:09	16:16	04:20	20:36	04:20
16.	504	Vincent Valassis	Berlin	03:47	03:47	07:51	04:04	12:02	04:11	16:20	04:18	20:42	04:22
17.	537	Dvid Schwertfeger	TG Südwest Berlin	03:47	03:47	07:56	04:09	12:11	04:15	16:31	04:20	20:45	04:14
18.	550	Moritz Eisebitt	RG Rotation Berlin e.V.	03:51	03:51	07:58	04:07	12:19	04:21	16:52	04:33	21:00	04:08
19.	578	Matheo Benozzi	Berlin	04:21	04:21	08:35	04:14	12:55	04:20	17:12	04:17	21:34	04:22
20.	524	Tobias Kubitzki	Eichwalde	04:18	04:18	08:42	04:24	13:18	04:36	17:56	04:38	21:55	03:59
21.	535	Bernd Melchers	TG Südwest Berlin	04:06	04:06	08:43	04:37	12:58	04:15	17:35	04:37	22:02	04:27
22.	543	Dirk Kröling	Eichwalde	04:33	04:33	08:59	04:26	13:29	04:30	17:48	04:19	22:05	04:17
23.	542	Matthias Tronjeck	Bln Sommertriathlonverein 1991	04:05	04:05	08:34	04:29	13:14	04:40	17:51	04:37	22:15	04:24
24.	568	Bennett Raddatz	Karolinenhof	04:11	04:11	08:42	04:31	13:17	04:35	17:56	04:39	22:19	04:23
25.	525	Tom Krause	Berlin	04:06	04:06	08:35	04:29	13:09	04:34	17:52	04:43	22:54	05:02
26.	510	Mark Frederik Müller	SV Berlin Chemie Adlershof	04:14	04:14	08:55	04:41	13:38	04:43	18:32	04:54	23:26	04:54
27.	505	Konstantin Valassis	Berlin	04:14	04:14	08:56	04:42	13:58	05:02	18:54	04:56	23:54	05:00
28.	572	Anne Oertel	TG Südwest Berlin	04:33	04:33	09:18	04:45	14:14	04:56	19:16	05:02	24:04	04:48
29.	513	Robert Schauties	Aspaltschleifer Heidesee	04:26	04:26	09:09	04:43	14:06	04:57	19:07	05:01	24:12	05:05
30.	566	Magnus Schubert	Schmöckwitzer Inselschule	04:11	04:11	08:44	04:33	13:43	04:59	19:36	05:53	24:35	04:59
31.	523	Winfried Jäger	LC Ron Hill Berlin	05:02	05:02	10:03	05:01	14:55	04:52	19:54	04:59	24:43	04:49

32.	528	Danny Landrock	Berlin	04:40	04:40	09:39	04:59	14:49	05:10	19:52	05:03	24:45	04:53
33.	554	Philipp Mirwald		04:58	04:58	10:00	05:02	15:00	05:00	20:13	05:13	25:16	05:03
34.	555	Ronny Mirwald		05:03	05:03	10:10	05:07	15:10	05:00	20:20	05:10	25:21	05:01
35.	547	Thomas Tamm	Berlin	05:18	05:18	10:32	05:14	15:32	05:00	20:36	05:04	25:26	04:50
36.	579	Krzysztof Stepień		05:11	05:11	10:25	05:14	15:42	05:17	21:03	05:21	25:27	04:24
37.	557	Florian Riemann		04:01	04:01	08:39	04:38	13:51	05:12	19:55	06:04	25:35	05:40
38.	567	Oliver Raddatz	Karolinenhof	04:29	04:29	09:33	05:04	14:55	05:22	20:20	05:25	25:37	05:17
39.	527	Anne Gossing	TG Südwest Berlin	05:10	05:10	10:25	05:15	15:42	05:17	21:03	05:21	26:45	05:42
40.	575	Kirsten Schilff	TG Südwest Berlin	05:08	05:08	10:28	05:20	15:55	05:27	21:33	05:38	26:52	05:19
41.	545	Steffen Zeidler	Eichwalde	05:20	05:20	10:45	05:25	16:17	05:32	21:51	05:34	27:14	05:23
42.	546	Andrea Thamm	Berlin	05:29	05:29	10:50	05:21	16:16	05:26	21:52	05:36	27:33	05:41
43.	517	Marie Seiler	Berlin	05:40	05:40	11:25	05:45	16:57	05:32	22:29	05:32	27:44	05:15
44.	503	Monique Jäckel		05:30	05:30	10:59	05:29	16:41	05:42	22:54	06:13	28:15	05:21
45.	577	Liane Piede	Königs Wusterhausen	05:27	05:27	11:06	05:39	16:54	05:48	22:42	05:48	28:24	05:42
46.	541	Mathis Neumann	Running Twins Zeuthen	04:56	04:56	10:26	05:30	15:55	05:29	22:43	06:48	28:31	05:48
47.	570	Anja Kühne	SSV Wildau	05:43	05:43	11:33	05:50	17:21	05:48	23:12	05:51	29:01	05:49
48.	530	Marc Lüddecke	Berlin	04:57	04:57	10:42	05:45	16:49	06:07	23:02	06:13	29:14	06:12
49.	548	Tabea Hecht	TG Südwest Berlin	05:46	05:46	11:38	05:52	17:34	05:56	23:33	05:59	29:23	05:50
50.	509	Saskia Semmer	Berlin	06:20	06:20	12:11	05:51	18:07	05:56	24:09	06:02	29:37	05:28
51.	534	Thomas Lenz	Berlin	06:32	06:32	12:30	05:58	18:22	05:52	24:20	05:58	30:21	06:01
52.	532	Stephan Lenz	Berlin	06:22	06:22	12:27	06:05	18:38	06:11	24:52	06:14	30:52	06:00
53.	529	Ute Sheriff	Berlin	06:23	06:23	12:34	06:11	18:44	06:10	24:59	06:15	30:55	05:56
54.	561	Greta Funke	Schmöckwitzer Inselschule	05:31	05:31	11:50	06:19	18:34	06:44	25:07	06:33	31:18	06:11
55.	520	René Beyer	Schulzendorf	06:26	06:26	12:29	06:03	18:39	06:10	25:07	06:28	31:29	06:22
56.	574	Anja Klich		06:16	06:16	12:21	06:05	18:51	06:30	25:27	06:36	31:53	06:26
57.	576	Henry Lenz	Berlin	06:45	06:45	13:20	06:35	19:38	06:18	26:09	06:31	32:06	05:57
58.	564	Lola von Baehr	Schmöckwitzer Inselschule	05:37	05:37	11:50	06:13	18:36	06:46	25:35	06:59	32:11	06:36
59.	533	Elise Lenz	Berlin	06:42	06:42	13:58	07:16	20:29	06:31	27:22	06:53	33:16	05:54
60.	560	Ariane Funke	Schmöckwitzer Inselschule	06:58	06:58	14:01	07:03	19:57	05:56	26:33	06:36	33:36	07:03
DQ	571	Vivian Mirwald	Schmöckwitzer Inselschule	06:58	06:58	14:03	07:05	14:42	00:39	23:04	08:22	33:40	10:36
61.	519	Angelique Grahammer	Schulzendorf	06:27	06:27	12:32	06:05	19:33	07:01	26:44	07:11	33:50	07:06
62.	553	Lothar Naumann	Königs Wusterhausen	06:42	06:42	13:58	07:16	20:29	06:31	27:22	06:53	34:08	06:46
63.	540	Monika Sommerfeldt	Klingenburger Str., Berlin	07:01	07:01	13:56	06:55	21:02	07:06	29:34	08:32	35:31	05:57

64.	563	Jura Kulpa		06:26	06:26	13:43	07:17	21:58	08:15	29:34	07:36	36:19	06:45
65.	562	Thomas Kulpa		06:26	06:26	13:43	07:17	21:57	08:14	29:34	07:37	36:19	06:45
66.	539	Karin Hausmann	Berlin-Bohnsdorf	07:13	07:13	14:35	07:22	22:13	07:38	29:59	07:46	37:46	07:47
DNF	538	Jeanette Heyer	Hohenkircher Allee	08:04	08:04	16:26	08:22	24:42	08:16	32:50	08:08		